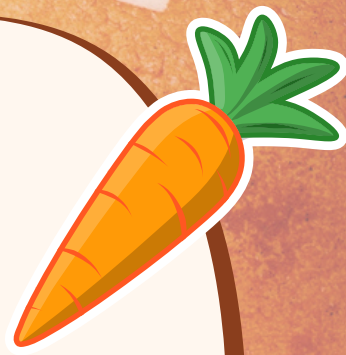




Food box content

7 days / 2 persons



Dry food:

- 1 pkg rice
- 1 pkg pasta
- 1 pkg mashed potatoes
- 1 pkg of blueberry soup
- 1 pkg of Swedish coffee
- 1 bottle of blackcurrant syrup
- 2 pkg Outmeals Breakfast
 - 1 pkg muesli
 - 1 pkg dried milk
 - 1 pkg pasta sås
 - 1 pkg beans
 - 1 pkg falafel mix
- 1 pkg sunflower chunks
- 2 pkg crisp bread
- 1 pkg soup
- 1 jar honey
- 1 jar lingonberry jam
- 1 pkg raisins
- 4 pkg of noodles
- 1 pkg digestive biscuits
- 1 pkg tea bags
- 8 pkg chocolate drink
- 2 kexs
- 1 salt
- 1 pepper
- 2 RAW chocolate
- 5 pcs of mustard
- 5 pcs of ketchup
- 2 Outmeals

Fresh food:

- 1 pkg sliced cheese
- 1 bottle of margarine
- 1 tube of cheese
- 2 apples
- 4 carrots
- 1 cucumber

Frozen:

- 1 dark loaf of bread
- 1 white loaf of bread
- 1 veggie sausages
- 1 frozen vegetables

included kitchen equipment

- 1 Trangia spirit stove
- 2 sets of cutleries
- 1 big spoon
- 2 plates
- 2 cups
- 1 bottle of Tenol spirit
- 2 toilet paper in a plastic bag
- 1 sponge
- 1 disk cleansing cube (per group)
- 1 can opener (per group)
- 4 rubber bands
- 2 boxes of matches (per group)

